

HEART FAILURE

Estimated Time: 30 minutes • Debriefing Time: 30 minutes



Scan to Begin



Patient Name: Hector Fernandez

SCENARIO OVERVIEW

This patient was admitted to the medical telemetry floor for an exacerbation of his known end-stage congestive heart failure as well as cellulitis in his right lower extremity. He also has obstructive sleep apnea, a history of COPD, and multiple other comorbidities. He arrives to the unit on a non-rebreather mask. Student receive a phone call from the RN asking for the patient's O2 to be weaned to a high-flow nasal cannula, if possible. The nurse also mentions that the MD wrote orders for a "respiratory therapy consult and to call with recommendations." Students should perform a complete pulmonary exam and take a complete patient history. During history taking, students learn that Hector uses Spiriva and Albuterol inhalers at home and he wears a CPAP at night for OSA. Student must recommend the inhalers and CPAP to the provider using SBAR format.

LEARNING OBJECTIVES

1. Demonstrate proper infection control
2. Obtain accurate vital signs
3. Evaluate oxygenation status and adjust oxygen as necessary
4. Perform a complete pulmonary exam
5. Obtain a focused health history
6. Evaluate patient data
7. Recommend appropriate treatment(s) to provider
8. Effectively communicate with the patient and interprofessional team
9. Document accurately

CURRICULUM MAPPING

WTCS RESPIRATORY THERAPY PROGRAM OUTCOMES

- Apply respiratory therapy concepts to patient care situations
- Demonstrate technical proficiency required to fulfill the role of a respiratory therapist
- Practice respiratory therapy according to established professional and ethical standards

RESPIRATORY SURVEY

- Perform pulse oximetry
- Review the medical record utilizing medical record keeping and charting methods consistent with hospital policy and procedures
- Utilize infection control principles
- Obtain a focused health history
- Evaluate patient data
- Perform a basic cardiovascular assessment

- Perform a respiratory assessment
- Obtain vital signs

RESPIRATORY THERAPEUTICS II

- Perform procedures to assess oxygenation
- Evaluate oxygenation
- Demonstrate the use of medical gas equipment
- Assess the need for medical gas therapy

RESPIRATORY DISEASE

- Analyze signs, symptoms, etiology, pathogenesis and treatment for cardiovascular diseases/disorders

CLINICAL PRACTICE

- Apply standard precautions
- Assess vital signs
- Perform pulse oximetry
- Perform chart review
- Perform a pulmonary exam
- Administer oxygen therapy

SIMULATION LEARNING ENVIRONMENT & SET-UP

ENVIRONMENT

Inside room: Patient in bed, as close to fowlers position as possible

Inside or outside room: Hand sanitizer and/or sink

Outside room: Computer or form(s) for documentation

PATIENT PROFILE

Name: Hector Fernandez

DOB: 09/06/19XX

Age: 62

MR#: 41219

Gender: Male

Height: 175 cm (5'10")

Weight: 86.4 kg (195#)

Allergies: penicillin (hives)

Admitting Diagnosis: Right lower extremity cellulitis and CHF

Medical History: congestive heart failure, coronary artery disease, anterior MI with stenting – 4 years ago, chronic atrial fibrillation, hypertension, chronic renal insufficiency, COPD, OSA, restless leg syndrome, hypothyroidism, diabetes mellitus 2, chronic constipation

Surgical History: R TKR – 15 years ago

Code Status: Full

Ethnicity: Hispanic

Spiritual Practice: Christian, Catholic

Primary Language: Spanish

Secondary Language: English

EQUIPMENT/SUPPLIES/SETTINGS

Patient

- Hospital gown
- No moulage
- ID band present with QR code

Monitor Settings


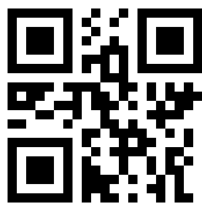







- No monitor

- Simulator vitals: HR 78, RR 24, BP 128/84, Temp 37.1, Sat = 100 % on 10-15 lpm NRB mask

Supplies

- General
 - Respiratory Equipment
 - Pulse oximeter
 - High-flow nasal cannula and/or other devices to facilitate O₂ titration
- Medications
 - None needed

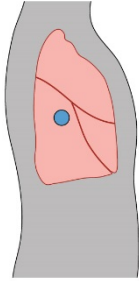
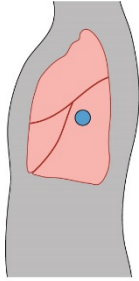


QR CODES

| | | | |
|--|--|--|---|
| START  | PATIENT  | REPORT  | PATIENT ID  |
| SBAR  | RIGHT LEG  | LEFT LEG  | RIGHT IV  |
| LEFT IV  | | | |
| | | | |

CHEST QR CODES

Cut along the dotted lines. Fold along the solid line to create a bi-fold of the diagram and QR code.



| | | | |
|---|---|--|---|
|  |  |  |  |
| ANTERIOR 2 | ANTERIOR 3 | ANTERIOR 6 | ANTERIOR 7 |
|  |  |  |  |
|  |  |  |  |
| POSTERIOR 0 | POSTERIOR 1 | POSTERIOR 4 | POSTERIOR 5 |
|  |  |  |  |

| | |
|---|---|
|  |  |
| RIGHT AXILLARY 1 | LEFT AXILLARY 1 |
|  |  |

TEACHING PLAN

PREBRIEF

The facilitator should lead this portion of the simulation. The following steps will guide you through Prebrief.

- Scan the **QR Code: “Scan to Begin”** while students are in Prebrief.
- “Meet Your Patient” (on iPad) and explain how the iPad works in the simulated learning environment including:
 - Explain how to use the iPad scanner and QR codes. Remind students that there are multiple QR codes in the simulation, but they should only scan them if they think it will provide data necessary for their assessment and evaluation of the patient.
 - For some scenarios, it may be helpful to tell students where the QR code are located. For others, you may want students to “find” the QR codes during their assessments. This is your choice.
 - Describe how a QR code sound will work in the scenario. For the most authentic sound experience, student should use ear buds or the ARISE “stethoscope” for all QR codes with the following symbol: . Example: **QR Code: Chest Anterior 1** 
 - As the facilitator, you should be aware that throughout the simulation some QR codes are necessary to the programming of the iPad content. Directions for which QR codes are required (to be scanned) in each state are listed under each state of the documentation below. The QR codes are also in **BOLD** type.
 - Level Up tab – This tab “tells” the content in the iPad to change to what is needed for the next state of a simulation. It is used a few times in this scenario after the provider is notified to display new orders (those just given over the phone) and lab results, etc.
 - Medication QR Codes – The student(s) must scan **QR Code: Patient ID** prior to scanning any medication. That scan is valid for 2 minutes and then it “times out.” The student(s) will need to scan **QR Code: Patient ID** again to give more medications.
 - MAR Hyperlinks – On the MAR all medications are underlined and hyperlinked to DailyMed, which is a medication reference housed by the

National Library of Medicine. Students can click on these links during the simulation for up-to-date medication content, labels, and package insert information.

- Discuss the simulation “Learning Objective(s)” (on iPad) as well as any other Prebrief materials
- Get “Report” on iPad
 - Possible Facilitator Questions
 - What are your priorities for this patient?
- View “Patient” video on iPad
 - Possible Facilitator Questions
 - What communication strategies could you employ when you assess and evaluate Hector?
- Advance to the “Patient Profile” screen (on iPad). This will act as a simulated patient chart.
- Students can view the tabbed content on the iPad (see below) prior to entering the patient’s room and throughout the simulation as needed.
 - You should give student some time (5 minutes) to review this content now, prior to entering the patient’s room.
 - Facilitator Note: There are a lot of medications in the MAR and all are linked to Dailymed. This may be a good opportunity to review general pharmacology.

H&P

No reports available.

ORDERS

| | | |
|---------------------------|--------------------|------------------------------|
| Patient Name | DOB | MR# |
| <i>Hector Fernandez</i> | <i>09/06/19XX</i> | <i>41219</i> |
| Allergies | Height (cm) | Admission Weight (kg) |
| <i>Penicillin (hives)</i> | <i>175</i> | <i>86.4</i> |

Provider Orders

| Date | Time | Order |
|-------|------------|---|
| Today | 10 minutes | Admit to Virtual Medical Telemetry Unit |
| | ago | Diagnosis: X lower leg cellulitis, mild exacerbation CHF |
| | | Condition: Fair |
| | | Code Status: Full Code |
| | | Cardiac monitoring with vitals every 4 hours x 24 hours, then every 8 hours |
| | | Call if BP <90/60 or > 170/90, HR <50 or > 120, RR <8 or >24, T > 38.5° C, SaO ₂ < 92% on 4 lpm or > O ₂ |
| | | Activity: Ambulate TID and as tolerated |
| | | Diet: 2 g sodium, Carbohydrate controlled |
| | | Dietary Consult |
| | | 2000 ml/24 hour fluid restriction |
| | | Weight on admission and every AM |
| | | Insert Foley catheter for strict I &O |
| | | O ₂ to keep SaO ₂ > 90% |
| | | If smoker within the last 12 months, provide smoking cessation |
| | | Respiratory Therapy Consult. Call with recommendations. |
| | | Continue these medications from the skilled nursing facility: |
| | | 1. Lisinopril 2.5 mg PO daily |
| | | 2. Metoprolol ER 100 mg PO daily |
| | | 3. Spironolactone 25 mg PO daily |
| | | 4. Coumadin 3 mg PO daily on M, W, F |
| | | 5. Atorvastatin 20 mg PO daily |
| | | 6. Diltiazem ER 120 mg PO mg daily |
| | | 7. Levothyroxine 100 mcg PO daily |
| | | 8. Glipizide and Metformin 2.5 mg/250 mg PO with breakfast |
| | | 9. Carbidopa and Levodopa ER 50 mg/200 mg PO at HS |
| | | 10. Aspirin enteric coated 81 mg PO daily |
| | | 11. Acetaminophen 500 mg PO 2 tabs every 4-6 hours for pain or fever PRN |

| | | |
|--|--|---|
| | | 12. Nitroglycerin 0.4 mg SL every 5 minutes times 3 doses |
| | | PRN for angina, if angina pain persists call Provider |
| | | 13. Milk of Magnesia 30 ml PO daily PRN for constipation, |
| | | may repeat once per day if no relief |
| | | 14. Docusate sodium 100 mg PO 2 times per day PRN for |
| | | constipation, hold if diarrhea or abdominal pain |
| | | Medications: Cefazolin 2 g IV every 8 hours |
| | | Clindamycin 900 mg IV every 8 hours |
| | | Furosemide 40 mg PO every 12 hours |
| | | K+ replacement per protocol |
| | | Labs: (If not done in the ED) CBC with differential, Chem 7, |
| | | Magnesium, BNP, Liver Enzymes, TSH, HbA1c, CK & Troponin, |
| | | INR |
| | | (If not done in ED) Blood cultures x 2, wound culture, urinalysis |
| | | AM Labs: Chem 7, BNP, fasting lipid profile |
| | | (If not done in ED) Chest x-ray on admission and in the AM |
| | | (If not done in ED) ECG on admission and in the AM |
| | | Obtain ECG for new onset chest pain STAT PRN |
| | | Echocardiogram now |
| | | Provide and document heart failure instructions: diet and fluid |
| | | restrictions, activity, medications, daily weight recording, |
| | | worsening symptoms, follow-up appointment after discharge |
| | | Consult social worker for advanced directives |
| | | Consult with cardiologist |
| | | Consult for cardiac rehabilitation-----Dr. Jacobson, MD |
| | | |

MAR

| | | |
|---------------------------|--------------------|------------------------------|
| Patient Name | DOB | MR# |
| <i>Hector Fernandez</i> | <i>09/06/19XX</i> | <i>41219</i> |
| Allergies | Height (cm) | Admission Weight (kg) |
| <i>Penicillin (hives)</i> | <i>175</i> | <i>86.4</i> |

Medication Administration Record

| Scheduled | | | |
|---|-----------|-----------|-----------------------|
| Lisinopril 2.5 mg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Metoprolol ER 100 mg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Spironolactone 25 mg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Atorvastatin 20 mg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Diltiazem ER 120 mg PO mg daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Levothyroxine 100 mcg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Glipizide and Metformin 2.5 mg/250 mg PO with breakfast | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Aspirin enteric coated 81 mg PO daily | Due Today | | Last Given |
| | none | | Today @ 0800 |
| Coumadin 3 mg PO daily on M, W, F | Due Today | | Last Given |
| | none | | Yesterday |
| Furosemide 40 mg PO every 12 hours | Due Today | | Last Given |
| | | 2230 | Today – 1.5 hours ago |
| Cefazolin 2 g IV every 8 hours | Due Today | | Last Given |
| | | 1700 0100 | Today – 1.5 hours ago |
| Clindamycin 900 mg IV every 8 hours | Due Today | | Last Given |
| | | 1700 0100 | Today – 1.5 hours ago |
| Continuous Infusion | | | |
| PRN | | | |
| | | | Last Given |

| | |
|---|---------------------|
| Acetaminophen 500 mg PO 2 tabs every 4-6 hours for pain or fever PRN | Today – 2 hours ago |
| Nitroglycerin 0.4 mg SL every 5 minutes times 3 doses PRN for angina, if angina pain persists call Provider | Last Given |
| Milk of Magnesia 30 ml PO daily PRN for constipation, may repeat once per day if no relief | Last Given |
| Docusate sodium 100 mg PO 2 times per day PRN for constipation, hold if diarrhea or abdominal pain | Last Given |
| Discontinued | |

DAILY RECORD

| | | |
|---------------------------|--------------------|------------------------------|
| Patient Name | DOB | MR# |
| <i>Hector Fernandez</i> | <i>09/06/19XX</i> | <i>41219</i> |
| Allergies | Height (cm) | Admission Weight (kg) |
| <i>Penicillin (hives)</i> | <i>175</i> | <i>86.4</i> |

Daily Record

| Vitals | Today – 2 hours ago | Today – 30 minutes ago | | | |
|-------------------|---------------------|------------------------|--|--|--|
| Pulse | 72 | 74 | | | |
| Resp. Rate | 26 | 24 | | | |
| BP Systolic | 128 | 122 | | | |
| BP Diastolic | 72 | 74 | | | |
| Temp (°C) | 38.9 | 37.6 | | | |
| O2 Saturation (%) | 84 | 98 | | | |
| Applied Oxygen | 2 lpm | 15 lpm | | | |
| Pain | 0 | 0 | | | |

| 24 HR I & O (ml) | | | | | |
|------------------|--|--|--|--|--|
| Input | | | | | |
| Output | | | | | |
| Total | | | | | |

| Daily Weight (kg) | Today – 30 minutes ago | | | | |
|-------------------|------------------------|--|--|--|--|
| | 86.4 | | | | |

VITALS

The iPad shows the “enterable” vitals screen.

PROGRESS NOTES

No reports available.

LABS-DIAGNOSTICS

| Patient Name | DOB | MR# |
|---------------------------|-------------------|-----------------------|
| <i>Hector Fernandez</i> | <i>09/06/19XX</i> | <i>41219</i> |
| Allergies | Height (cm) | Admission Weight (kg) |
| <i>Penicillin (hives)</i> | <i>175</i> | <i>84.6</i> |

Laboratory Results

| CBC with Differential | | | | | |
|-----------------------|---------------------|--------|--------|---------------------|---------------------------|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| WBC | 11.8 | | | x10 ³ uL | F: 4.7-10.3/M: 4.5-10.5 |
| RBC | 3.6 | | | x10 ⁶ uL | F: 4.0-4.9/M: 4.0-4.9 |
| Hgb | 9.9 | | | g/dL | F:10.9-13.3/M:11.0-13.3 |
| HCT | 30.2 | | | % | F: 33.0-39.6/M: 32.7-39.3 |
| MCV | 76.7 | | | fL | F: 78.5-90.4/M: 76.5-90.6 |
| MCH | 25 | | | pg | 25-33 |
| MCHC | 30 | | | g/dL | 31-37 |
| RDW | 12.3 | | | % | F: 11.6-13.4/M: 12.0-14.0 |
| Platelet | 182 | | | x10 ⁹ uL | F: 183-368/M: 194-364 |
| MPV | 7.5 | | | 7.4-10.4 | 7.4-10.4 |

| | | | | | |
|--------|-----------|--|--|-------|-------|
| Neutro | 72 | | | 38-68 | 38-68 |
| Lymph | 25.7 | | | 25-54 | 25-54 |
| Mono | 0.3 | | | 0-0.8 | 0-0.8 |
| Eos | 1 | | | 1-5 | 1-5 |
| Baso | 1 | | | 0-2 | 0-2 |

Chem 7 with Magnesium

| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
|----------------|------------------------|--------|--------|-------|-----------------------|
| Glucose | 162 | | | mg/dL | Fasting 70-150 |
| BUN | 32 | | | mg/dL | 10-25 |
| Creatinine | 3.2 | | | mg/dL | F: 0.4-1.4/M: 0.5-1.5 |
| Sodium | 134 | | | mEq/L | 135-145 |
| Potassium | 3.8 | | | mEq/L | 3.5-5.3 |
| Chloride | 108 | | | mEq/L | 98-108 |
| Carbon Dioxide | 28 | | | mEq/L | 23-27 |
| Magnesium | 1.7 | | | mEq/L | 1.5-2.5 |

Liver Enzymes

| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
|---------------|------------------------|--------|--------|-------|-----------------|
| ALT | 53 | | | U/L | 7-55 |
| AST | 36 | | | U/L | 8-48 |
| ALP | 102 | | | U/L | 45-115 |
| Albumin | 4.8 | | | g/dL | 3.5-5.0 |
| Total Protein | 6.9 | | | g/dL | 6.3-7.9 |
| Bilirubin | 0.9 | | | mg/dL | 0.1-1.2 |

| BNP | | | | | |
|-----|---------------------|--------|--------|-------|--|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| BNP | 2450 | | | pg/mL | < 75 years old = <125 > 75 years old = <450 |

| TSH | | | | | |
|-----|---------------------|--------|--------|-------|-----------------|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| TSH | 0.7 | | | mIU/L | 0.3-3 |

| CK & Troponin | | | | | |
|---------------|---------------------|--------|--------|-------|---------------------|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| CK | 330 | | | U/L | M: 52-336/F: 38-176 |
| Troponin | 0 | | | ng/mL | <0.1 |

| INR | | | | | |
|-----|---------------------|--------|--------|---------|-----------------|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| INR | 2.4 | | | seconds | < 1.1 |

| HbA1c | | | | | |
|-------|---------------------|--------|--------|-------|-----------------|
| | Today – 2 hours ago | [time] | [time] | Units | Reference Range |
| HbA1c | 10.3 | | | % | < 5.7 |

IMAGING

| | | |
|---------------------------|--------------------|------------------------------|
| Patient Name | DOB | MR# |
| <i>Hector Fernandez</i> | <i>09/06/19XX</i> | <i>41219</i> |
| Allergies | Height (cm) | Admission Weight (kg) |
| <i>Penicillin (hives)</i> | <i>175</i> | <i>86.4</i> |

Imaging Report

DESCRIPTION: Portable x-ray for shortness of breath

EXAM: Portable AP chest

REASON FOR EXAM: Shortness of breath

COMPARISON EXAM: None available

TECHNIQUE: 1.5 mAS @ 125 kvp

DISCUSSION: Dictation pending

IMPRESSION: Dictation pending

LEVEL UP

The iPad reads, “The iPad is at Level 1.”

SCANNER

Use this to scan available QR Codes.

EXIT

The iPad reads, “Are you sure you want to exit? All data will be lost.”

- If “No” is selected, the iPad will return to the tabbed content.
- If “Yes” is selected, the iPad will let the student(s) exit and prompt them to complete an embedded 3-5 minute survey.

STATE 1

PATIENT ASSESSMENT

- Patient Overview
 - Patient is on a NRB when students enter the room. Hector is tired and very irritated with his health. He is sick of being sick and will answer questions, but is not that thrilled about it. He is also wanting the NRB mask off. Students will perform a complete pulmonary exam, obtain a focused health history and wean O₂.
- Expected Student Behaviors
 - Perform appropriate hand hygiene and infection control
 - Introduce themselves and verify the patient (can scan **QR Code: Patient ID**)
 - Accurately obtain vital signs and interpret for an adult patient
 - Students must enter correct vitals in the iPad to advance.
 - The following vitals are used: HR = 78 (within 4 either way), RR = 24 (within 3 either way), BP 128/84 (within 5 either way), Temp = 37.1 (no limit), Sat = 100 % (no limit)
 - There is a place for students to document whether on RA or O₂ applied as well as the device, FiO₂ and/or liter flow being used. This is not tied to any programming.
 - Perform a complete pulmonary exam
 - Inspection – Students will not find any abnormalities in the chest exam. When the extremities are evaluated, pitting edema and Right-lower extremity cellulitis is found. (Scan **QR Code: Right Leg & QR Code: Left Leg**)
 - Palpation – Students will not find any abnormalities in the chest exam.
 - Percussion – Students will not find any abnormalities in the chest exam.
 - Auscultation – Scan **QR Code: Chest** 📻
 - There are ten QR codes to apply to the chest – see above Chest QR Code chart for locations

- Students will hear the following breath sounds:
 - Anterior 2, Anterior 3, Posterior 0, & Posterior 1 = normal/clear
 - Anterior 6, Anterior 7, Posterior 4, Posterior 5, Right Axillary, & Left Axillary = fine crackles
- Perform a focused health history
 - As students perform the pulmonary exam, they should simultaneously collect the patient's history
 - Questioning may continue into State 2 of the scenario
 - Questions can include:
 - How are you feeling/how is your breathing right now?
 - Have you ever been a smoker?
 - Do you have any lung diseases like asthma or emphysema?
 - Do you take any medications for your breathing?
 - Do you use any machines to help you breathe while you sleep?
 - Your legs look pretty puffy, how long have they been this way?
- Recognize and respond to abnormal findings
- Demonstrate appropriate communication with the patient
- Technician Prompts
 - Patient is tired and very irritated with his health. He is almost defeated. He is sick of being sick and will answer questions, but is not that thrilled about it. He is constantly pulling at the NRB mask and wants it off.
 - Patient response can include:
 - “Do I really need this mask? Can't you take it off now?”
 - “I'm so sick of being in the hospital.”
 - “I'm never going to get better...”
 - When asked patient history questions, responses can include:

- How are you feeling/how is your breathing right now?
 - Answer: “Better than before.”
- Have you ever been a smoker?
 - Answer: “Of course! Who wasn’t?”
 - Students should probe further: If asked, he states he started smoking when he was about 14 years old and quit when he was 56 years old – although, he still likes to have an occasional cigar. He smoked 1-2 packs per day.
- Do you have any lung diseases like asthma or emphysema?
 - Answer: “They tell me I have that COPD thing.”
- Do you take any medications for your breathing?
 - Answer: “Yeah. I take a couple puffer things.”
 - Students should probe further: If asked, he takes:
 - 2 puffs Albuterol as needed – He states he takes it a few times every day when he is short of breath.
 - 1 puff Spiriva in the morning
- Do you use any machines to help you breathe while you sleep?
 - Answer: “I have one of those CPAK things at night.”
 - Student should probe further: If asked, he uses ARISE Homecare and his settings are +8 cwp. He does not have anyone that can bring his machine to the hospital. He is OK with using the hospitals machine.
- Your legs look pretty puffy, how long have they been this way?
 - Answer: “It seems like they’ve been this way for years. The right one is always infected.”
 - When students wean the O₂, gradually change SpO₂ to 95%.
- Facilitator Questions

- Analyze the vital signs: are they within normal limits?
 - Analyze the findings from the pulmonary exam: do you have any concerns?
 - Analyze the patient history: do you have any concerns?
 - Based on your finding from both the pulmonary exam and focused health history, what would you like to do now and why?
- Tabbed iPad Prompts and Content

LEVEL 1/2

- When the Level 1 tab is tapped, the iPad reads, “The iPad is at Level 1.”
- The Level 1 tab will automatically change to a Level 2 tab (students are not prompted about this) when:
 - Student(s) enters vital signs correctly
 - AND
 - Student(s) scans ANY **QR Code: Chest** 📱
- When the Level 2 tab is tapped, the iPad reads, “The iPad is at Level 2.”

STATE 2

REASSESSMENT & PROVIDER NOTIFICATION

- Patient Overview
 - The patient is much happier with a nasal cannula device. However, he is done talking and just wants to rest. Students need to reassess SaO₂ to ensure adequate oxygenation. Then, they should call the provider to recommend Spiriva and Albuterol inhalers as well as a CPAP at night for OSA using SBAR format. This can be done as a phone call or face-to-face with the technician, facilitator, or designee playing the provider role. Students should also document per facility guidelines.
- Expected Student Behaviors
 - Reassess patient after weaning/changing O₂ device
 - When vitals are rechecked, all are essentially the same except the Sat = 95%.
 - Vitals may be entered on the iPad again at this time, but they are not tied to iPad programming.
 - If students listen to breath sounds again, nothing has changed from State 1.
 - Demonstrate appropriate communication with the provider
 - Students may scan **QR Code: SBAR**
 - Document accurately
- Technician Prompts
 - Nothing is needed from the patient anymore.
 - If playing the role of the Provider, ask appropriate questions related to the information being relayed by the student.
 - Students should update the provider using SBAR format.
- Facilitator Questions
 - Why is it necessary to reassess the patient?

- Describe how SBAR communication improves the interprofessional communication process.

LEVEL 2/EXIT

- When the Level 2 tab is tapped, the iPad displays a plaque that reads, “Have you updated the provider?”
 - If “No,” the iPad reads, “You must update the provider before exiting.”
 - If “Yes,” the iPad reads, “Scenario objectives have been met. Are you sure you want to exit the game?”
 - If “No” is selected, the iPad will return to the tabbed content.
 - If “Yes” is selected, the iPad will let the student(s) exit and prompt them to complete an embedded 3-5 minute survey.

DEBRIEF

Nothing needed from the iPad.

QUESTIONS

1. How did you feel this scenario went?
2. What were the main issues you had to deal with when caring for Hector?
3. Review understanding of learning objective: Demonstrate proper infection control.
 - a. What infection control issues did you encounter with Hector?
 - b. What about Hector increases his risk for infections?
4. Review understanding of learning objective: Obtain accurate vital signs.
 - a. What, if any, challenges did you encounter in obtaining Hector's vitals?
5. Review understanding of learning objective: Evaluate oxygenation status and adjust oxygen as necessary.
 - a. Is Hector's oxygenation status normal or abnormal and why?
 - b. Is this what you would expect in a patient with congestive heart failure? Why or why not?
6. Review understanding of learning objective: Perform a complete pulmonary exam.
 - a. What concerns did you find during your physical assessment and evaluation?
 - b. Is this what you would expect in a patient with congestive heart failure? Why or why not?
7. Review understanding of learning objective: Obtain a focused health history.
 - a. What pieces of data were significant in Hector's health history?
 - b. If you could "do over" any part of getting Hector's history, what would it be and why?
8. Review understanding of learning objective: Evaluate patient data.
 - a. What abnormal findings did you find in the vital signs and/or physical assessment? How did you respond to these findings?
9. Review understanding of learning objective: Recommend appropriate treatment(s) to provider.

10. Review understanding of learning objective: Effectively communicate with the patient and interprofessional team.
 - a. Were the communication techniques you used with Hector effective? Why or Why not?
 - b. If Hector was unable to speak English, how would you have adapted you communication techniques?
 - c. If you could “do over,” how would you change your communication with Hector?
11. Review understanding of learning objective: Document accurately.
 - a. What is important to document in your assessments and interventions?
12. Summary/Take Away Points
 - a. “Today you cared for a Hispanic patient who was experiencing an exacerbation of his known congestive heart failure. What is one thing you learned from participating in this scenario that you will take with you into your respiratory therapy practice?” (Each student must share something different from what the others’ share.)

Note: Debriefing technique is based on INASCL Standard for Debriefing and NLN Theory Based Debriefing by Dreifuerst.

SURVEY

Print this page and provide to students.

Students, please complete a brief (2-3 minute) survey regarding your experience with this ARISE simulation. There are two options:

1. Use QR Code: Survey
 - a. Note: You will need to download a QR Code reader/scanner onto your own device (smartphone or tablet). There are multiple free scanner apps available for both Android and Apple devices from the app store.
 - b. This QR Code will not work in the ARIS app.



2. Copy and paste the following survey link into your browser.
 - a. https://ircvtc.co1.qualtrics.com/SE/?SID=SV_6Mwfv98ShBfRnBX

CREDITS

BiPAP Protocol adapted from RES Non-Invasive Positive Pressure Ventilation Guideline from <http://www.aast.org/Assets/5e4309dd-c952-4a56-b2c9-7060670a7573/635376719195570000/non-invasive-positive-pressure-ventilation-guideline-3-26-14-june-2014-pdf> and BiPAP/CPAP Protocol from <http://desmondallen.com/Parent/Archived%20Articles/Advance%20RCP/BiPAP%20Protocols.htm>

CXR image from: https://commons.wikimedia.org/wiki/File:Pulmonary_oedema.jpg

Lung sounds used with permission from Thinklabs Medical, LLC, Centennial, CO at www.thinklabs.com

Medication information from National Library of Medicine: Daily Med at <http://dailymed.nlm.nih.gov/dailymed/>

Pitting Edema picture from https://en.wikipedia.org/wiki/Heart_failure

Pitting Edema picture with cellulitis from https://commons.wikimedia.org/wiki/File:Pitting_Edema2008.jpg

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